

## Have a think.



If you're reading this flyer and thinking this could be for you or know someone who could benefit from this service, please contact us.



## Contact us.

Write to the:  
Riverside Active Lives Network,  
Riverside Community Resource  
Centre,  
Dickens Road,  
Gravesend,  
Kent, DA12 2JY

Office phone on 01474 354329  
Monday - Friday 8.30am - 5pm

Email at  
[riverside.activelives@aol.co.uk](mailto:riverside.activelives@aol.co.uk)

Online at  
[riverside-activelives.org.uk](http://riverside-activelives.org.uk)

RALN charity registration no.  
1158529.



This flyer was made by Paul and Anne Kitchener (pictured above) husband and wife and members of the group.

## Map.



Made in April 2019.

# RIVERSIDE ROCKERS

Promoting music  
for people with physical  
and sensory disabilities



A group for adults members  
with physical and  
sensory disabilities,  
run by the members,  
for the members.

## Who we are.



The Riverside Rockers is a Gravesend based music group user-led for adults with physical and sensory disabilities.



## Where we are.

We are located in the Ingooldby room at the Riverside Community Centre, Gravesend, from 1pm to 2.30pm Tuesdays and Wednesdays and is fully wheelchair accessible.



## Who can join.

We cater for all physical disabilities and cover a wide age range. We all sing and play a number of musical

instruments including guitar, Keyboard, drums and percussion instruments as well.



## What we play.

We play anything and everything. Songs include hits such as Hound Dog, Sorrow, Rockin' All Over The World, The House Of The Rising Sun, My Ding-A-Ling and so on. We've also written our own Riverside Rockers song.

## The band.

It is made up of Daron a driver/support worker who setup the band, he plays Guitar and dose Lead Vocals. The rest of the band members are Jackie on Vocals



Tambourine and Triangle, Francis on Vocals and Double Shakers, Stella on Vocals and African Shaker, Barry on Vocals and Wooden Scraper, Dee on Vocals and Shaky Egg, Caroline on Vocals, Nina on Vocals and Christine on Vocals.

## Show your support.



You can buy our key rings and badges, to show that you're a rocker too! Also you can purchase our 'Almost Live' cd.

## The show.

We hope you enjoyed our show and hope to see you again soon, until then keep rocking!

